

Name \_\_\_\_\_

As College Counselor, one of my responsibilities is to prepare a comprehensive, written evaluation/recommendation that will be sent to each institution to which you apply. The counselor recommendation is an important item in the applicants file. I try to present a sense of your promise for further personal and intellectual growth. In addition, I also try to convey those unique qualities that make you “you”. To accomplish these goals I need an honest and comprehensive estimation of yourself.

By completing this form you will accomplish two important tasks:

Help me represent you in the best possible manner.

Begin to answer questions that you will find on college applications and also be asked during admission interviews.

Do not limit yourself to school experiences. **BE SPECIFIC.**

Make a duplicate to assist you in writing your college applications.

FAMILY INFORMATION

Father's Name		Undergraduate College Attended	
Occupation		Graduate School Attended	
Mother's Name		Undergraduate College Attended	
Occupation		Graduate School Attended	
Names of Siblings	Ages	College/School Attended	

What does/did your family enjoy doing together?

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What is your role in your family?

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What books or authors have particularly impressed you?

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Describe an instance in which a book, a play, a film, or an article has caused you to change your way of thinking.

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What has been your most stimulating intellectual or academic experience in recent years?

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Have you worked up to your potential in High School? Is your academic record an accurate measure of your ability and potential? If not, what do you consider the best measure of your potential success in college work?

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Are there any outside circumstances (in your recent experience or background) which have interfered with your academic performance?

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List, in order of importance to you, the academic honors, prizes, or awards you have received.

1 _____	2 _____	3 _____
4 _____	5 _____	6 _____
7 _____	8 _____	9 _____

**EXTRA CURRICULAR INFORMATION**

For each activity indicate the nature of your participation and any awards or honors you have received. Be specific.

ARTS (literary, art, drama, dance)

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MUSIC (private and/or class, organizations, recitals, contests)

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**ATHLETICS**

SPORT	YEARS				J.V. LETTERS	VARSITY LETTERS	POSITION
	9	10	11	12			

**WORK EXPERIENCE**

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**SUMMER EXPERIENCE** (Has any summer experience, work, travel, study, been of significant importance to you? Please elaborate on the most significant summer experiences.

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Have you traveled or lived in different localities? Where? Comment on any significant travel experiences.

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**INTERESTS AND ATTITUDES**

What qualities do you admire in other people?

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List your special interests/hobbies:

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Rank yourself in the following:

	EXCEPTIONAL	EXCELLENT	ABOVE AVERAGE	AVERAGE
Energy				
Independence				
Originality				
Leadership				
Self Confidence				
Reaction to criticism				
Sense of responsibility				
Respect from faculty				

Use reverse side or a separate sheet to fully answer any of the following questions.

1. Describe an experience that has given you great satisfaction.

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2. How would someone who knows you well describe you? Would you agree with their assessment? How have you grown or changed during your high school years?

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3. Which relationships are most important to you and why? Describe the people you count among your best friends.

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4. Describe the groups in this school. Which ones do you feel you belong to? Which ones do you feel alienated from? What kind of people do you associate with and admire?

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5. Is there other information that I should have in order to make an accurate appraisal of you for college admission (unusual circumstances at home or in school which have affected you?)

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**THE WORLD AROUND YOU**

What do your parents expect of you? Have they expressed specific plans/ambitions or goals for you? How have their expectations influenced the goals and standards you set for yourself?

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What three or four issues in the world distress you the most?

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What person (current or historical) do you most admire? Why?

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**YOUR PERSONALITY AND RELATIONSHIPS WITH OTHERS**

What do you consider your greatest strengths?

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What do you consider your greatest weaknesses?

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COLLEGE INFORMATION

Circle those items that seem important to you in your college selection.

SIZE:	OTHER:	LOCATION:
Under 1,300	Coed	Northeast
1,300 - 3,000	Single Sex	Midwest
3,000 - 6,000	Fraternities	South
10,000 - above	Sororities	Far West

SPORTS: (please list)	COMMUNITY:	FINANCIAL AID:
	Rural	Will apply
	Small Town	Will not apply
	Suburban	

Are there specific colleges that your parents would be interested in investigating?

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List the colleges that you are interested in learning more about:

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Circle the curricula you are considering:

<i>Liberal Arts</i>	<i>Art</i>	<i>Architecture</i>
<i>Business</i>	<i>Music</i>	<i>Engineering</i>
<i>Other: (please list)</i>		

Why do you want to go to college?

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What subjects are you most interested in studying in college?

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It is difficult to communicate to a college all that any student has accomplished and become. What would you most like to have recognized as a college considers your candidacy?

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Are there any special factors or unusual situations that a college should be aware of in assessing your secondary school career?

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ESSAY

Write an essay on one of the following:

- What do you see as the turning points or important events of your life and why do you view them as such?
- Who were the people who have done the most to influence your personal development and in what ways were they influential?
- Describe the social atmosphere at your school and tell how you fit into it.
- If you had an opportunity to spend an evening with anyone of your choice, who would it be and why?