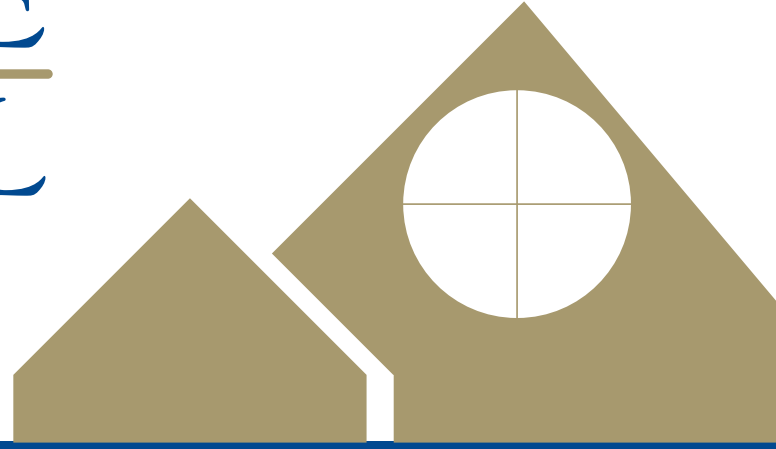


# EVANSVILLE DAY SCHOOL

## INTEGRATED LEARNING @ EDS



*With the strength and dedication of our faculty and partnership with parents, Evansville Day School is committed to providing a fully integrated educational experience using a blend of in-person learning, synchronous learning, and remote learning.*

## SOCIAL EMOTIONAL LEARNING



Emotional intelligence is critical for lifelong happiness, successful careers, and healthier relationships.

We understand that students with strong social-emotional skills are better able to manage daily challenges, build positive relationships, and make informed decisions. EDS students develop these core life skills that will empower them to be effective contributors in the classrooms, workplaces, and communities.

### PRIMARY SCHOOL PRIORITIES

- Listening skills
- Focusing attention
- Being respectful
- Understanding empathy
- Understanding, identifying and managing emotions
- Stress and calming techniques
- Making and maintaining friendships
- Navigating peer relationships & peer pressure
- Problem solving skills
- Understanding different perspectives

### MIDDLE SCHOOL PRIORITIES

- Developing study and organizational skills
- Developing positive growth mindsets
- Identifying personal values
- Exploring and strengthening friendships
- Advanced stress and calming strategies
- Goal setting (personal and academic)
- Regulating emotions and decision making
- Recognizing others' perspectives
- Conflict resolution
- Anti-bullying & power of bystanders
- Embracing challenges
- Setting if-then plans
- Identifying and developing leadership styles
- Career and college exploration

### MEET OUR TEAM

Dr. Mary Jane Gibson: SEL Coordinator  
Betsy Gladding: Primary School Second Steps  
Laura Arrick: Youth First Counselor  
Robin Renschler: Head of Primary School  
Katie Bockting: Coordinator, Center of Academic Success (CAS)